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MentalHealthCE.com/psy

Most popular Psychologist CE Courses - 200+ Courses Online

Course Topics, Course Code, & Selected Course Content

Schizophrenia

(SCR 10 hr)

- Schneider's 11 Guidelines for Suspicion
- "Energizer" Technique, Decrease Apathy
- Psychosis and Self-Talk & more...

Crisis Intervention

(CRI 10 hr)

- Key Factors in the Crisis Interview [YouTube](#)
- Common Denominator, Magic Rescuer
- 3 Phases for Rape Victims & more...

Eating Disorders & CBT

(EDB xxxhr)

- Discounting with "Tear Out Hypocrisy"
- Pseudo-Identity & a Personality Picture
- Anorexia as the "Con Man" & more...

Internet Bullying

(IB 4 & 10 hr)

- 3 Steps to Help a Teens Gain Empathy
- "Peer Practice" Increase Confidence
- How to Empower Bystanders & more...

Ethical Boundaries

(CB 2, 3, 5, & 10 hr)

- 4 Rules for Avoiding Judgment
- **Your Paycheck vs Your Principles?**
- To Touch or Not to Touch? & more...

ADD/ADHD

(LB 10 hr)

- 'Dissolving Resistance' for Perfectionists
- Shifting, Running Out of Gas, & Cruise
- **4-Step "STAR" Technique** & more...



Play Course mp3 audios or [YouTube](#) videos for your next Staff meeting or take course Individually!

Borderline

(BPIC 1, 3, and 6 hr)

- How to Find & Challenge a Schema
- Using 4 "Reaction Analysis" Questions
- Techniques for Subjugation & more...

Play Therapy [YouTube](#)

(RCF 10 hr)

- Use Symbolism to Enhance Play Therapy
- Absolute, Clinical, & Reactionary Limits
- 4-Step 'Popping Problem' Exercise & more...

Clinical Supervision

(SEC 3, 4, 5, & 6 hr)

- 4-Step Conflict Resolution Formula
- Dealing with Resistant Supervisees
- 4 Ethical Cornerstone Questions

Substance Abuse

(MM 1 & 10 hr)

- 10 Pre-Intervention Steps [YouTube](#)
- **Connecting with the Mascot**
- Overcoming the 3 R's & more...

Sexual Abuse

(SA 6 hr)

- 'Positive Retrospection' Exercise
- Rebuilding the Loss of Childhood
- False Memory Generation & more...

Risk Management

(RM 3 & 6 hr)

- 7 Steps in Parents Assessing Their Child
- Clients with a Conflict 'Adrenaline Rush'
- **The two Questions NOT to Ask!** & more....

PTSD & Combat

(ND 1, 4, & 10 hr)

- Treating 4 Forms of PTSD Depression
- 4 Key Techniques for Safely Recalling
- **Survivor Guilt**, Self-Mutilation & more...

Get started now! Go to MentalHealthCE.com/psy

Self-Injury

(SM 10 hr)

- Bodily Alienation & Self-Mirroring
- **Poorly Executed Hospitalizations**
- The Country-Club Mother & more...

Pain Mgt & CBT

(1, 3, 6, 7, & 10 hrs hr)

- Fantasy Technique to get Past the Pain
- Bodily Alienation and a "Self-Mirror"
- Poorly Executed Hospitalization & more...

Juvenile Sex Offenders

(JSO 10 hr) [YouTube](#)

- Understanding Deviant Arousal Patterns
- 3 Ways to Effectively Measure Recidivism
- 5 Areas in the **Climate of Denial** & more...

Postpartum Depression

(BO 4 hr)

- 5 Steps to Alleviating STS
- Use of **3 Burn-Out Shields**
- 4 Life Saving Tips & more...

School Shootings

(SSE 4, 6, & 10 hr)

- Identifying the Masters of Disguise
- 3 Conflicts Preventing Recovery
- See Origins of the Rampage & more...

Medical Errors

(MED1 - 2hr)

- Patient Safety in Palliative Care
- Pre-Analytical Issue in Patient Safety
- Pharmacovigilance, Detection & more...

Dissociative Identity Dis.

(DID 10 hr)

- 3 Methods for Meeting Alter-Personalities
- Criminal Acts, Competition, Forbidden Wishes
- Meet the "Angry One" & more...

Male Suicide

(MS 10 hr)

- Tools for the Counterdependent Male
- Building Self-Esteem without Self-Centeredness
- Dad Zone vs. Mommy List & more...

Anxiety & CBT

(BCS 10 hr)

- CBT strategy for Unanswerable Questions
- Wish I'd Done It List [YouTube](#)
- The **Dark Side of Spirituality** & more...

Depression

(DY 10 hr)

- Alphabet Actions, The Brick Test
- SQ3R & the Egg Timer, Problem Horoscope
- Zen & Rubber Band CBT & more...

Self Esteem & CBT

(SEA 2 & 10 hr)

- 3 Keys to Clouding the Inner Critic
- Using the Howitzer Mantras
- Using 'Probing the Nagger' & more...

Trauma, Grief & Loss

(DL10 hr)

- Paralyzed & Alone, Relationship Inventory
- Combat, 5 Types of Secondary Wounding
- Moving **Beyond Guilty** Feelings & more...

CBT - Brief Cognitive Behavioral Therapy Courses

read FREE online with FREE mp3 audio downloads!

- Cognitive Behavioral Therapy Strategies for Treating Anxiety -BCS
- Treating Dysthymia in Children & Adults with CBT - - DY
- CBT Techniques for Treating Binging & Purging Clients - 1EDB
- Anger Management: Cognitive Behavioral Therapy - CTI,
- OCD: Seven Effective CBT Behavioral Strategies - OCD
- Anger Mgt: CBT Strategies for Your Out of Control Client - TOC

More online...